



COVID-19 Athletic Guidelines

Manage

- **Compliance With State And Local Guidelines:** Renting parties should make sure that their sports organizations or teams are in compliance with all state and local COVID guidelines including return to play dates and maximum group sizes.
- **Mandatory Training:** It is mandatory to train all players, coaches, and spectators on appropriate cleaning and disinfection, hand hygiene, and respiratory etiquette as outlined below.
- **COVID Self-Reporting:** Be familiar with and comply with all regulatory requirements, privacy policies, and information sharing regulations as regards COVID-19 self reporting of symptoms or positive tests by players, coaches, or spectators as well as by related family members with whom they have had close contact.
- **Spread Out Scheduling Of Practice And Games:** Training and practice start and end times will be staggered. At least fifteen minutes will be allotted between sessions by the Parks and Recreation Department and will vary by sport.

Event

Screening

- **Stay Home When Appropriate:** Players, coaches, and spectators should be instructed in communications to stay home when they are showing symptoms of COVID-19, have a temperature over 100.4 Fahrenheit, have tested positive for COVID-19, or have had close contact with a person with COVID-19.
- **Symptom Checking:** This is the responsibility of the rental party to conduct pre-event observation and/or questioning of all players and coaches about the existence of any COVID symptoms including cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, loss of taste or smell, diarrhea, feeling feverish or a measured temperature greater than or equal to 100.4 degrees Fahrenheit, or known close contact with person who is lab confirmed to have COVID-19.
- **Temperature Check:** It is recommended that players, coaches, and spectators should be asked to take their own temperature before leaving the house and they should stay at home with any reading of **100.4 Fahrenheit or higher according to CDC definitions of reportable illnesses** for contagious disease.

Social Distancing

- **6 Ft. Rule:** All players, coaches, and spectators should practice social distancing of 6 ft. whenever possible, especially in common areas to include bleachers, dugouts, and facilities.
- **Team Check In Process:** Coaches and players should continue social distancing during the team check in process for practices. There should be a single point of contact for teams during events.
- **Pre And Post Event Social Distancing:** Social distancing should be practiced by players and coaches during all instruction, explanation of rules, pre-practice strategy, and post practice briefing sessions.
- **Restructure Practices:** Restructure practices to the greatest extent possible to concentrate on conditioning, drills, skill building and limit close contact to a specified number of minutes during simulation drills and scrimmages.
- **Breaking Up Large Teams:** Consider breaking up large teams into pods during practice that have limited close contact with other pods on the same team.
- **Pre-Practice Warm Ups:** During pre-practice, players and coaches should maintain the 6 ft. distance if possible during practice, training, and drills.

- **Social Distancing Monitors:** Identify adult volunteers to help maintain social distancing between players, coaches, and spectators. This is the responsibility of the rental party since to enforce social distancing.
- **No Handshakes/Celebrations:** Players and coaches should refrain from handshakes, high fives, fist/elbow bumps, chest bumps, group celebrations, etc.
- **Waiting In Cars:** It is recommended that players, spectators, and coaches wait in their cars with parents/guardians until just before the beginning of a practice. No congregation will be allowed in the parking lots.
- **Car Pools:** Discourage the use of car pools to transport participants who do not live in the same household.
- **Spectator Social Distancing:** Spectators should follow social distancing of 6 ft. whenever possible and should avoid being in groups of greater than 10 persons. Where social distancing is not feasible, spectators should wear face coverings and wash hands or use hand sanitizer (60% alcohol) frequently.
- **Rest Rooms:** Restrooms will have limited occupancy and must be used as indicated by a facility manager.
- **Food:** No outside food or concessions permitted. Personal drinks for athletes only will be allowed in a designated area determined by the coach.
- **No Congregation:** Players and coaches should not congregate prior to a practice and should stay in cars until right before warm ups for the practice. Players, coaches, and spectators should avoid other groups that are leaving the prior event.

Personal Protective Equipment (PPE) And Disinfectants

- **Face Coverings For Coaches:** It is recommended that all coaches wear PPE such as cloth face coverings and gloves whenever applicable.
- **Player Face Coverings:** It is recommended that all players wear cloth face coverings in close contact areas and situations where applicable. Players should be allowed to wear face coverings during practices if they choose to do so as long as they don't compromise the safety of any and all participants.
- **Parent / Spectator Face Coverings:** It is recommended that parents and spectators wear face coverings whenever they are at the facility and in close contact with a non family member.
- **Don't Touch Face:** All persons wearing face coverings should be reminded to not touch their face covering and to wash their hands and/or use hand sanitizer (60% alcohol) frequently.
- **Player Provided Hand Sanitizer And Wipes:** It is recommended that parents provide all players with hand sanitizer for use between play periods as well as antibacterial wipes for disinfecting player provided equipment.
- **Disinfect Hard Surfaces:** When arriving at team seating or sideline areas, coaches should disinfect all hard surfaces such as benches, railings, and equipment racks.
- **Cleaning:** Coaches should clean and dispose of all trash from player seating or sideline areas when departing practice or games.

Playing Equipment

- **Spacing Of Player Equipment:** Player equipment should be spaced accordingly to prevent close contact.
- **Player Provided Equipment:** Players should be encouraged to bring their own equipment and to not share with others. Player provided equipment should be kept separate and in individual bags or containers.
- **Limit Team Shared Equipment:** The use of team shared equipment (e.g. protective gear, balls, bats, etc.) should be limited whenever possible and should be sanitized after each use if possible. Otherwise, limit use of team shared supplies and equipment to one group of players at a time and sanitize between use.
- **Water Bottles:** Water and sports drink jugs should no longer be provided by sports facilities or sports organizations. Players and coaches should bring their own water bottles to all team activities to help to reduce transmission risk. Individuals should take their own water bottles home each night for cleaning and

sanitation.

When Someone Gets COVID-19 Or Has Close Contact

- **Educate:** Make sure that coaches and family members understand that any sick person should not attend any activities and that they should immediately notify the designated Parks and Recreation point of contact if they or any other staff member or player becomes sick with COVID-19 symptoms, tests positive, or has had close contact with someone who has COVID-19 symptoms or has tested positive.
- **If COVID Symptoms Exhibited During Event:** If a player or staff member exhibits symptoms during an event, they should immediately be separated and sent home or to a healthcare facility depending on the severity of the symptoms. They should not be allowed to return to activity until they have met the CDC criteria to discontinue home isolation.
- **Player Or Staff Member Return To Sports Activity:** See **CDC guidelines on When You Can Be Around Others After You Had Or Likely Had COVID-19.**
- **Player Or Staff Has Close Contact:** Anyone with close contact with a person exhibiting symptoms should also be separated and sent home and should follow CDC guidelines for self-monitoring and procedures for community related exposures.
- **Cleaning / Disinfecting Surfaces:** Any areas, surfaces, or shared objects used by a sick person should be closed off and not used until after cleaning and disinfecting. If possible, it is recommended to wait at least 24 hours before cleaning and disinfecting.
- **Notification:** Notify local health officials, staff, and family members immediately of any lab confirmed case of COVID-19 while complying with local state and privacy and confidentiality laws as well as with the Americans With Disabilities Act.

Procedures for Requesting an Athletic Facility Rental

- An email must be sent to a member of the Athletics Division. Email must include the following:
 - Completed Facility Request Form (MUST include address of organization)
 - A minimum of \$1,000,000 liability insurance policy, naming the City of Clarksville as additional insured is required by each practicing organization.
 - Renter's plan to follow social distancing guidelines set forth by the Clarksville Parks and Recreation Department.
- Once received, a member of the Athletics Division will send all waivers and policies to the requesting party. Those waivers must be signed by the requesting party and received by the Parks and Recreation Department before a rental can be approved.
- A member of the Athletics staff will approve or deny the request via email. Once approved, a permit will be issued to the renting party via email.

Guidelines for Use of Athletic Facility

Unless otherwise stated below, all former Athletic Facility Rental policies must be followed.

- Renting party will use the restroom indicated to them by a member of the Parks and Recreation staff.
- Renting point of contact will present a permit to the facility manager on site before any athletes will be allowed into the facility.
- Renting party will follow all Social Distancing guidelines set forth by the City of Clarksville Parks and Recreation Department as well as the approved plan put forth by their own party.
- Any cancellations due to weather conditions will be communicated via email at 3:00pm on the day of the rental.
- Cancellations of any rental must still be communicated to a member of the Athletics Division at least two hours prior to the time of the rental.
- If any conditions or procedures are not met or followed by the renting party, the City of Clarksville Parks and Recreation Department reserves the right to cancel all remaining rentals associated with the renting party as well as deny all further requests for rentals from the offending renting party.
- All rentals occurring between June 10 and July 31 must be requested during the booking period of June 1-June 10. This is to be sure that all renting parties have an equal chance at booking the facilities. Rentals will be distributed as fairly as possible. Once the booking period has concluded, the facilities are reserved on a first come, first served basis.
- All rentals occurring between July 31 and November 15, must be requested during the booking period of July 1 and July 14. After the booking period has concluded, the facilities are reserved on a first come, first served basis.

Sport Specific Usage of Clarksville Parks and Recreation Department Facilities

Created May 27, 2020

Effective May 27, 2020

- 1. Baseball/Softball/Batting Cages-Not considered a contact sport***. Both Departments are recommending local league play only with stringent social distancing guidelines that must be adhered to. **Phase II** No travel ball or tournaments, as out of community play has been determined by the CDC to be the highest risk opportunity for spreading COVID-19. Both Departments are recommending a moratorium for all travel play and tournaments.
- 2. Soccer-Soccer is considered a contact sport***. Local league game play cannot safely open until **Phase III (normal)** According to Section 2, subsection D, item i of the Governor's Executive Order #38, contact sporting events can include training or practicing in a manner that does not involve close contact with other persons. **Practice following social distancing guidelines will be permitted in Phase II.**
- 3. Basketball-Basketball is considered a contact sport***. Local league play cannot safely open until **Phase III (normal)**. According to Section 2, subsection D, item i of the Governor's Executive Order #38, contact sporting events can include training or practicing in a manner that does not involve close contact with other persons. **Practice following social distancing guidelines will be permitted in Phase II.**
- 4. LaCrosse-Lacrosse is considered a contact sport***. Local league game play cannot safely open until **Phase III (normal)**. According to Section 2, subsection D, item i of the Governor's Executive Order #38, contact sporting events can include training or practicing in a manner that does not involve close contact with other persons. **Practice following social distancing guidelines will be permitted in Phase II.**
- 5. Tennis- Tennis is not considered a contact sport*** Both Departments are recommending local league play only with stringent social distancing guidelines that must be adhered to. **Phase II** No travel ball or tournaments, as out of community play has been determined by the CDC to be the highest risk opportunity for spreading COVID-19. Both Departments are recommending a moratorium for all travel play and tournaments.
- 6. Football-Football is considered a contact sport***. Local league game play cannot safely open until **Phase III (normal)**. According to Section 2, subsection D, item i of the Governor's Executive Order #38, contact sporting events can include training or practicing in a manner that does not involve close contact with other persons. **Practice following social distancing guidelines will be permitted in Phase II.**

***June 1-Phase II begins**

***Definitions of contact and non-contact sports as determined by the Governor's Executive Order #38, May 22, 2020.**

***As of May 27th, 2020 a date for Phase III has not been determined. Plans for movement into Phase III will be communicated on the City of Clarksville Parks and Recreation [website](#) as well as on the City of Clarksville Parks and Recreation Facebook [page](#).**

***All rules and regulations are subject to change at any time.**

Local Team Waiver:

“By signing this waiver, the renting party states and agrees that the team they are representing is based in the Clarksville/Montgomery County or Fort Campbell area. If any conditions or procedures are not met or followed by the renting party, the City of Clarksville Parks and Recreation Department reserves the right to cancel all remaining rentals associated with the renting party as well as deny all further requests for rentals from the offending renting party.

Social Distancing Waiver:

“By signing this waiver, the renting party states and agrees that any rentals held from this permit will follow all social distancing guidelines as provided by the City of Clarksville Parks and Recreation Department. If any conditions or procedures are not met or followed by the renting party, the City of Clarksville Parks and Recreation Department reserves the right to cancel all remaining rentals associated with the renting party as well as deny all further requests for rentals from the offending renting party.